

SPEEDOMEETING 2026: Session: 5: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven

Coaches: Slabbaert Ann HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 23: 200M MEDLEY MEN 10-9 Heat:2, starttime: 14:10

Heat: 2/2 Lane : 7 Athlete: VAN DE GUCHT TIBO				Q-time: 03:43:99
PB (50m pool): no time		PB (25m pool): 03:43.99 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	no time	no time	no time
	no time			
				

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+ Heat:4, starttime: 14:30

Heat: 4/19 Lane : 4 Athlete: VAN DER MEIREN WILLIAM				Q-time: 03:18:65
PB (50m pool): 03:14.29 Gent 08/02/2026		PB (25m pool): 03:10.98 SB: 03:14.29 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:41.71	01:30.34	02:31.31	03:14.29
	00:41.71	00:48.63	01:00.97	00:42.98
				

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+ Heat:6, starttime: 14:35

Heat: 6/19 Lane : 1 Athlete: VANDEPITTE KYAN				Q-time: 03:08:45
PB (50m pool): 03:08.45 Gent 08/02/2026		PB (25m pool): 03:05.15 SB: 03:08.45 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:44.79	01:33.53	02:27.13	03:08.45
	00:44.79	00:48.74	00:53.60	00:41.32
				

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 11+					Heat:6, starttime: 14:35
Heat: 6/19 Lane : 9 Athlete: CLAES TIEBE					Q-time: 03:09:59
PB (50m pool): 03:14.60 Seraing 25/01/2026					PB (25m pool): 03:05.20 SB: 03:14.60 Seraing 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.38	01:33.07	02:33.13	03:14.60	
	00:46.38	00:46.69	01:00.06	00:41.47	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:8, starttime: 14:45
Heat: 8/19 Lane : 9 Athlete: DE MESMAEKER LOANN					Q-time: 02:54:48
PB (50m pool): 02:54.41 Gent 08/02/2026					PB (25m pool): 02:47.40 SB: 02:54.41 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.15	01:22.19	02:14.22	02:54.41	
	00:39.15	00:43.04	00:52.03	00:40.19	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:10, starttime: 14:50
Heat: 10/19 Lane : 1 Athlete: CLAES ELIAN					Q-time: 02:45:92
PB (50m pool): 02:52.09 Seraing 25/01/2026					PB (25m pool): 02:38.82 SB: 02:52.09 Seraing 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.50	01:27.26	02:12.38	02:52.09	
	00:41.50	00:45.76	00:45.12	00:39.71	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:10, starttime: 14:50
Heat: 10/19 Lane : 8 Athlete: JACQUEMYS KOBÉ					Q-time: 02:46:01
PB (50m pool): 02:42.96 Antwerpen 08/03/2026					PB (25m pool): 02:41.70 SB: 02:42.96 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.96	01:14.63	02:06.31	02:42.96	
	00:33.96	00:40.67	00:51.68	00:36.65	
					

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 11+					Heat:12, starttime: 15:00
Heat: 12/19 Lane : 0 Athlete: DELCOIGNE NATHAN					Q-time: 02:39:80
PB (50m pool): 02:41.61 Seraing 25/01/2026					PB (25m pool): 02:33.58 SB: 02:41.61 Seraing 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.10	01:17.22	02:03.21	02:41.61	
	00:37.10	00:40.12	00:45.99	00:38.40	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:13, starttime: 15:00
Heat: 13/19 Lane : 8 Athlete: TRONCKOE KOBE					Q-time: 02:35:59
PB (50m pool): 02:41.05 Antwerpen 13/07/2025					PB (25m pool): 02:34.38 SB: 02:41.14 Aalst 20/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.47	01:15.14	02:05.26	02:41.05	
	00:34.47	00:40.67	00:50.12	00:35.79	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:15, starttime: 15:05
Heat: 15/19 Lane : 4 Athlete: PUTTAERT ARTHUR					Q-time: 02:29:79
PB (50m pool): 02:29.25 Seraing 25/01/2026					PB (25m pool): 02:27.96 SB: 02:29.25 Seraing 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.31	01:10.55	01:55.26	02:29.25	
	00:31.31	00:39.24	00:44.71	00:33.99	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:19, starttime: 15:20
Heat: 19/19 Lane : 7 Athlete: SEGHERS MICHIEL					Q-time: 02:18:93
PB (50m pool): 02:22.27 Antwerpen 27/07/2025					PB (25m pool): 02:18.44 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.88	01:06.13	01:51.12	02:22.27	
	00:28.88	00:37.25	00:44.99	00:31.15	
					

Coach feedback:

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Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:00	
Heat: 3/10 Lane : 4 Athlete: DE PRATER JUNO							Q-time: 05:30:48	
PB (50m pool): 05:42.96 Antwerpen 14/07/2024				PB (25m pool): 05:21.07SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:42.96
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:05	
Heat: 4/10 Lane : 7 Athlete: NDIAYE MAï							Q-time: 05:26:91	
PB (50m pool): 05:26.91 Charleroi 11/01/2026				PB (25m pool): 05:39.81SB: 05:26.91 Charleroi 11/01/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:26.91
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:05	
Heat: 4/10 Lane : 9 Athlete: VANDE GHINSTE AMBER							Q-time: 05:30:33	
PB (50m pool): 05:32.52 Molenbeek 01/02/2026				PB (25m pool): 05:27.11SB: 05:32.52 Molenbeek 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:17.51	no time	02:41.89	no time	no time	no time	05:32.52
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:15	
Heat: 6/10 Lane : 0 Athlete: WYFFELS LOUISE MARIE							Q-time: 05:15:50	
PB (50m pool): 05:15.95 Molenbeek 01/02/2026				PB (25m pool): 05:03.90SB: 05:15.95 Molenbeek 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:14.12	no time	02:35.26	no time	no time	no time	05:15.95
	<i>no time</i>							
								

Coach feedback:

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Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:15	
Heat: 6/10 Lane : 3 Athlete: FRANCKX MARGAUX							Q-time: 05:12:04	
PB (50m pool): 05:17.90 Gent 08/02/2026				PB (25m pool): 05:12.04SB: 05:17.90 Gent 08/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.49	01:11.83	01:51.17	02:32.11	03:13.02	03:54.88	04:36.60	05:17.90
	00:33.49	00:38.34	00:39.34	00:40.94	00:40.91	00:41.86	00:41.72	00:41.30
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:25	
Heat: 7/10 Lane : 3 Athlete: NSUBUGA SOFIA							Q-time: 05:03:38	
PB (50m pool): 05:26.62 Charleroi 11/01/2026				PB (25m pool): 05:03.38SB: 05:26.62 Charleroi 11/01/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:26.62
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:9, starttime: 16:35	
Heat: 9/10 Lane : 4 Athlete: CIOBANU ANASTASIA							Q-time: 04:45:24	
PB (50m pool): 04:52.49 Mol 22/06/2025				PB (25m pool): 04:45.24SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.28	01:08.99	01:46.62	02:24.07	03:01.03	03:38.32	04:15.75	04:52.49
	00:32.28	00:36.71	00:37.63	00:37.45	00:36.96	00:37.29	00:37.43	00:36.74
								

Coach feedback: